



# Newsletter

December 2017

## European Burns Association

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## From the President

Dear friends and colleagues,



It is a great honor to become the EBA president for the next two years (2017-2019).

Our Association faces important challenges that need to be addressed during this period.

More than ever, in a multicultural and united Europe, we must work together to strengthen the Association and the programs that our past presidents (Gerard Beerthuizen, Peter Vogt, and Naiem Moiemmen) have developed. In order to produce continuity for our Association and in the spirit of the European Burn Institute devised by Dr Beerthuizen we have made the necessary amendments to co-opt our last two past presidents

in the executive committee to allow for stability and efficacy. Similarly, the Nominating Committee shall help for the proposal of officers that are eager to continue this task in the future aligned in the mission and vision of EBA.

All of us should be involved in the Accreditation Process. It is EBA responsibility and each center in the EU area to work in this direction. The current executive committee shall make also the necessary actions to negotiate European recognition for this program.

The EBA disaster planning is another area of focus for the next two years. With the help and advice of the Disaster Committee it is our duty to continue working with the European Commission to see this program put into practice as a real European directive.

I encourage all Committee members to become active in all areas that were prioritized during the last EBA General Assembly and follow the same steps that the PAM Committee and the Disaster Committee have made to establish a formal working group that can produce important developments for our Association and for Burn Care in Europe. We should embrace sister groups and associations that focus on different aspects of burn care, in special in critical care and reintegration into society. I encourage you all to work and get involved in EBA either as committee members, in the accreditation process, providing your feedback through our website.

In fall of 2016 the agreement with Annals of Burn and Fire Disasters was put on hold and terminated in 2017 after the Barcelona Congress. It is no longer our official journal. The next months we shall work together to explore the possibilities to develop our own journal, which, in the future, shall be the vehicle for visibility and distribution of the science of burn care, rehabilitation and prevention in Europe.

The next educational course shall be held in Rotterdam in September 2017 with the main topic "Innovations in Burn Care". You are warmly welcome in Rotterdam to participate and interact during this course, in the same way you all did during the 17th EBA Congress in Barcelona, were more than 900 delegates had the opportunity to share friendship and knowledge during both the scientific sessions and the social events.

## COMMITTEE CHAIR

Disaster Committee  
Stian Almeland (Norway)

Education Committee  
Jyrki Vuola (Finland)

Guidelines Committee  
Nadia Depetris (Italy)

Industry Committee  
Ricard Palao (Spain)

PAM Committee  
Teresa Tredoux (UK)

Prevention Committee  
Koen Maertens (Belgium)

Verification Committee  
Naiem Moiemmen (UK)

**BOARD MEETING**  
17<sup>th</sup> March, 2018  
Amsterdam, the Netherlands

Also, I would like to wish you and your family a Merry Christmas, beautiful moments and treasured memories in 2018!

So glad to have you as a member and look forward to serving you in the future.

*Juan P. Barret*

*Merry*  
CHRISTMAS AND A HAPPY  
*New Year*



### Let us introduce our new Executive member

**Teresa Tredoux (Chair PAM committee)**

Lead Nurse for the St Andrew`s Burns Service in Chelmsford, United Kingdom.

Teresa Tredoux qualified as a Registered Nurse in 1988 at Addenbrooke`s Hospital in Cambridge, and has worked within the burns speciality since 1991. During this time she obtained post-basic specialist qualifications in both intensive care and burns and plastic surgery nursing and a BSc (Hons) in healthcare.

Teresa joined the St Andrew`s Burns Service in 1993 and has held a number of different roles in the service within both ward and intensive care environments. She has also held the position of Lead Nurse for the London and Southeast Burns Network, a role which involves working with burns services in a number of hospitals. In 2013 she was appointed as the lead nurse for intensive care and earlier this year became the lead nurse for the whole service.

Teresa has recently graduated with an MSc in Healthcare Leadership from the University of Birmingham and has been a member of the PAM committee since 2013 and feels very honoured to be taking over as chair.

Teresa is married to Anthony and they live in Essex with their daughters Katie and Lucy.

#### **Executive Committee 2017 - 2019**

President	Juan Barret (Spain)
Vice-President	Clemens Schiestl (Switzerland)
Secretary	Kees v.d. Vlies (the Netherlands)
Treasurer	Fredrik Huss (Sweden)
PAM chair	Teresa Tredoux (UK)
Co-opted members	Peter Vogt (Germany) and Naiem Moiemmen (UK)

#### Members

Luis Cabral (Portugal)	Franck Duteille (France)
Nadia Depetris (Italy)	Jyrki Vuola (Finland)

## NEW MEMBERS OF THE EXECUTIVE COMMITTEE

Luis Cabral,  
Portugal

Nadia Depetris,  
Italy

Franck Duteille,  
France

Jyrki Vuola,  
Finland



## 17th EBA congress Barcelona, Spain



The 17th congress of the European Burns Association was a great success this past September in Barcelona, where over 740 registered delegates received a comprehensive and valuable update on topics, such as: Surgery acute, anaesthesia and critical care, outcomes, nursing, basic research, surgery reconstruction, burn centre organization, psychosocial, disaster planning, verification

burn centres and guidelines.

### **Congratulations to the 2017 Poster Award Winners**

This year, 162 posters were accepted for display at the congress. Poster No. P016 was recognized as the best poster overall. Following is the list of winning posters and their authors.

P016 Recruitment of extravascular fluid by hyperoncotic albumin in volunteers  
*Author Markus Zdolsek (Sweden)*

P155 Eschar removal by Bromelain based Enzymatic Debridement (Nexobrid®) in burns: European Consensus Guidelines  
*Author Cristophe Hirche (Germany)*



PP110 A Ten Year Experience of Firework Injuries Treated at a UK Regional Burns Centre  
*Author Metin Nizamoğlu*

P153 Variability in split-thickness skin graft depth when using an air-powered dermatome: a paediatric cohort study  
*Author Craig McBride (Australia)*

With thanks to Amryt Pharma for sponsoring the prize award.

We are looking forward to welcoming you to Helsinki in September 2019!



More images available on [www.euroburn.org](http://www.euroburn.org)

## WOULD YOU LIKE TO CONTRIBUTE TO THE NEWSLETTER?

If you have a 'hot topic' to address or developments in your centre which you would like to share with colleagues via the EBA Newsletter, please email Victoria Garcia Cebrones at [eba@congresscare.com](mailto:eba@congresscare.com)



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EBA by E-mail:  
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## New Committee of the Czech Burns Association

After the last elections within the Society, as of the 21st September, 2017, there is a new Committee of the subject Society. Here it is for your information.

Czech Society of Burns Medicine, member of the Czech Medical Association  
J.E.Purkinje

### Secretariat:

Dept. of Burns Medicine  
Charles University Teaching Hospital  
Šrobárova 50  
CZ – 100 34 Prague 10  
Czech Republic

### Committee members:

Chair: Monika Tokarik, MD., PhD. (Prague)  
E-mail: [monika.tokarik@fnkv.cz](mailto:monika.tokarik@fnkv.cz)  
Tel: +420 267 163 367

Vice-chair: Prof. Pavel Brychta, MD., CSc. (Brno)  
E-mail: [dr.brychta@seznam.cz](mailto:dr.brychta@seznam.cz)  
Tel: +420 532 233 004

Scientific Secretary: Hana Klosová, MD., PhD. (Ostrava)  
E-mail: [klosova.h@seznam.cz](mailto:klosova.h@seznam.cz)  
Tel: +420 597 372 806

Treasurer: Assoc. Prof. Leo Klein, MD., CSc. (Hradec Králové)  
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Member: Robert Zajíček, MD., PhD. (Prague)  
E-mail: [zajicekrobert@seznam.cz](mailto:zajicekrobert@seznam.cz)  
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## CORPORATE PARTNER



# Guidelines committee

## EBA guidelines 2017

The EBA guidelines 2017 are now available and downloadable as PDF file from the EBA website. They aim at assisting professionals who provide care to severe burns, from the time of injury to wound closure and full reintegration of burn patients to everyday life.

EBA guidelines address caregivers at all the different levels, from non-burn specialists taking care of the early management of burn patients in the prehospital settings to highly specialised personnel in Burn Centres. Moreover, they engage the various competencies of the several disciplines involved in the treatment of such severe and complex patients.

The diffusion and implementation of evidence-based guidelines into the clinical settings are among the key cornerstones for reaching a coherent clinical strategy, ensuring a uniformly high level of treatment across Europe and minimising the healthcare expenditure.

The present guideline should be viewed as an educational aid to improve and standardise the care of the severe burns across Europe and beyond. A multidisciplinary approach, the implementation of locally adapted treatment algorithms and the adherence to evidence-based guidance are the key to improve the quality of the treatment after severe burn injury.

### Starting point

The appropriate management of the burn patients remains a major challenge. On one side, there is still a lack of high-quality evidence in burn care (1), partially explained by the relative scarcity of severe burn case and their clinical heterogeneity. On the other side, the need for a straightforward, clear and actionable language in burn care clinical practice is urgent (2,3).

### The development process of the EBA guidelines

The EBA guidelines were developed by a multidisciplinary team, including surgeons, intensivists, anesthesiologists and professionals allied to medicine all around Europe.

The team members took into account the fundamental principles of the guideline developing methods (4–7), identifying the main clinical questions, searching for evidence and making judgements and recommendations using a consensus process among the team and finally sharing them with the European burn care community.

#### 1. Identification of the main clinical questions

The starting point for the identification of the key clinical topics and the main clinical questions was the synthesis of the current evidence in the field of burn care, as stated in previous released international burn care guidelines (8–11). The critical appraisal of those guidelines was realised following the AGREE method, under the supervision of methodological advisers. This work provided the basis for the further recommendations' development.

#### 2. Literature search

Literature searches were performed using the indexed online database MEDLINE/PubMed, supplemented by the screening of reference lists of relevant publications. The aim of each search was to identify randomised controlled trials (RCTs), non-RCTs and systematic reviews that addressed specific scientific questions. In the absence of high-quality scientific support, case reports, observational studies and case-control studies were also considered. Limitations of the search results included "humans" and "English language". The period was limited to 5 years if the query was considered in the previous burn care guidelines; for new queries, the period was limited to 5 to 10 years depending on the number of abstracts identified by each search. Abstracts identified were screened by the authors and, if considered relevant, full publications were evaluated.

#### 3. Formulation of the recommendations

In writing the recommendations the team adopted:

- "we recommend" for strong recommendations
- "we suggest" for weak recommendations.

Strong recommendations reflect the group's high confidence that the benefits of the proposed action outweigh the undesirable consequences (regarding mortality, morbidity, patients reported outcomes or costs) according to the available evidence.

Weak recommendations express the group's judgment that, even though available evidence about the topic is insufficient to strongly recommend a particular action, the proposed action is at the moment supported by the current clinical practice and the expert opinions.

### **The recommendations**

The guidelines, presented to a broad audience at the EBA congress 2017 in special sessions, cover the different aspects of burn care, fulfilling the need for updated recommendations in crucial topics, such as burn shock management, dressing of burn wounds, psychological support and occupational therapy.

### **Next steps**

- Publication and dissemination of the EBA guidelines will be realised by publication on specialised medical journals, presentations at scientific congresses and endorsement by other medical Societies
- Translation of EBA guidelines in European languages and implementation through local protocols will be encouraged and supported by EBA, calling for action the members of different national realities
- A scheduled review of the guidelines will be accomplished every 2 years by a designated EBA multidisciplinary team. The team will adapt the previously released recommendations to new scientific evidence if indicated and address further uncovered clinical areas.

### **Acknowledgements**

The work so far accomplished was only made possible by the hard and committed efforts of:

- Anita Boekelaar, Registered Nurse, Red Cross Hospital, Beverwijk, The Netherlands
- Elizabeth Chipp, Burns and Plastics Surgeon, University Hospital, Birmingham; United Kingdom
- Nadia Depetris, Anaesthesiologist and Intensivist, Città della Salute e della Scienza, Turin, Italy
- Diane Derwael, Coordinator of Burn Camps, Military Hospital, Brussel, Belgium
- S. Guila Fidel Kinori, Clinical Psychologist, Vall d'Hebron University Hospital, Barcelona, Spain
- Helma Hofland, Registered Nurse, Pediatric and ICU nurse, Maasstadziekenhuis, Rotterdam, The Netherlands
- Col. Jefta Kozarski, Burns and Plastics Surgeon, Military Medical Academy, Belgrade, Serbia
- Athina Lavrentieva, Intensivist, General Hospital, Thessaloniki, Greece
- Ronan Le Floch, Intensivist, Centre Hospitalier Universitaire, Nantes, France
- Koen Maertens, Clinical Psychologist; Managing Director OSCARE, OSCARE, Antwerp, Belgium
- Naiem Moiemem, Burns and Plastics Surgeon, University Hospital, Birmingham; United Kingdom
- Olivier Pantet, Intensivist, Centre Hospitalier Universitaire Vadois, Lausanne, Switzerland
- Renate Pfann, Occupational Therapist Bsc, MAS Managing Diversity, Children's University Hospital, Zurich, Switzerland
- Anna Pittermann, Clinical Psychologist, Psychotherapist, General Hospital, Vienna, Austria
- Maurizio Stella, Burns and Plastics Surgeon, Città della Salute e della Scienza, Turin, Italy
- Tobias Tandrup, Physiotherapist, Stockholm South General Hospital, Sweden
- Teresa Tredoux, Registered Nurse, Broomfield Hospital, Chelmsford, England
- Romana Vratna, Intensive Care Unit Nurse, University Hospital Ostrava, The Czech Republic

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## 2<sup>nd</sup> Educational course

28-29 September 2019  
Rotterdam • the Netherlands  
[www.eba2018.org](http://www.eba2018.org)

## 18<sup>th</sup> EBA Congress

4-7 September 2019  
Helsinki • Finland  
[www.eba2019.org](http://www.eba2019.org)

## 19<sup>th</sup> EBA Congress

8-11 September 2021  
Turin • Italy

*Interact with colleagues,  
exchange information and  
ideas, and get updated –  
helping you to provide the  
best care for your patients!*



**2<sup>ND</sup>**  
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IN BURN CARE**

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Go to [www.eba2018.org](http://www.eba2018.org) for more information

## Meetings fellow societies

### 2018 Updates in Wound Technology

21-23 January 2018, Paris, France  
More information on [www.cicatrisations2018.org/en](http://www.cicatrisations2018.org/en)

### BBA

British Burn Association Annual Meeting 2018  
11-13 April 2018, Swansea University Bay Campus  
Abstract submission deadline: 2 January 2018  
More information on [www.conventus.com/bba](http://www.conventus.com/bba)

### ScarCon ETRS 2018 Congress

May 31 – June 2, 2018, Hotel Okura, Amsterdam, the Netherlands  
Abstract submission deadline: 1 February 2018  
More information on [www.scarconetrs2018.org](http://www.scarconetrs2018.org)





**18<sup>TH</sup>** EUROPEAN  
BURNS  
ASSOCIATION  
CONGRESS

EBA

1<sup>ST</sup> ANNOUNCEMENT



**4 – 7 SEPTEMBER 2019**  
**THE MARINA CONGRESS CENTER**  
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